

Rush Limbo

RULES: Practical Shooting Handbook, Latest Edition

COURSE DESIGNER: Bob Woolley

START POSITION: Facing directly downrange, toes against start line, squatting (knees bent to a 90° angle or less).

STAGE PROCEDURE

On start signal, draw and engage targets. PP1-4 may only be engaged after passing under Rod 1 and before passing under Rod 2. USP1-4 may only be engaged after passing under Rod 2 and before passing under Rod 3. RP1-4 may only be engaged after passing under Rod 3 and before passing under Rod 4. SP1-4 may only be engaged after passing under Rod 4. Shots at SP1-4 must pass through the barrel. One procedural penalty will be assigned for each rod that the competitor (or his equipment) causes to fall. One procedural penalty will be assigned for each steel target knocked down from the incorrect position.

SCORING

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TARGETS: 4 PP, 4 USP, 4 8" round plates, 4 6" square plates

SCORED HITS: Steel down = 1A

START-STOP: Audible - Last shot

PENALTIES: Procedural. -10
No-shoot hit. -10
Miss. -10

SETUP NOTES: Targets are 1 yard apart, left edge of one target to left edge of the next. The uprange end of the barrel is 10 yards from the target line, and the barrel is on a platform 2' high. Each rod is 3 yards from the next, and the start line is 3 yards uprange of Rod 1. Rod 1 is set at a height of 6', Rod 2 at 5'6", Rod 3 at 5', and Rod 4 at 4'6". Each "rod" is actually a 6' length of 1/2"x2" lath. It is set flat, supported by two other 1/2"x2" vertical laths at the specified heights (which may, in turn, be supported by any convenient means—a standard target stand will do). The 2" dimension of the supports laths is oriented uprange/downrange; the short dimension is oriented left/right. The support laths are set so that the 6' "limbo stick" is supported at 1" from each end. The spaces on either side of the line of rods should be kept clear, so that ROs can follow the shooter without having to duck under the sticks. No barrier to lateral movement (past the ends of the ends of the limbo sticks) should be placed; the shooter's movement is effectively constrained by the requirement to pass under each rod, and there should be no barrier to the RO stepping to the shooter's side if necessary. Set tape or rope at approximately waist level to provide a physical barrier to the shooter moving downrange farther than the front of the barrel.

Round plates are set to a height of 24" at the top. Square plates are set to a height of 18" at the top.



