

# Twister

**RULES:** Practical Shooting Handbook, Latest Edition      **COURSE DESIGNER:** Brad Sitton

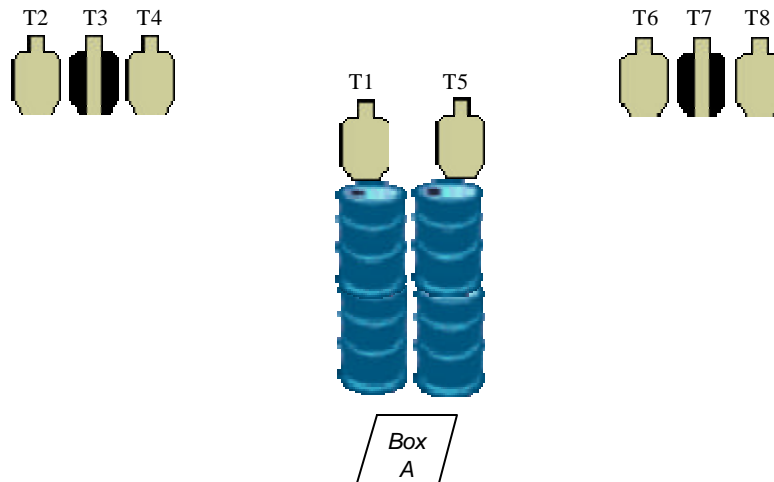
**START POSITION:** Standing in Box A, hands at sides

### STAGE PROCEDURE

On audible start, engage all targets from within Box A only.  
Perform a mandatory reload when moving from one side to the next

### SCORING

**SCORING:** Virginia Count, 16 rounds, 80 points  
**TARGETS:** 8 IPSC  
**SCORED HITS:** 2 Best per IPSC  
**START-STOP:** Audible - Last shot  
**PENALTIES:** Procedural. -10  
No-shoot hit. -10  
Extra shot. -10  
Extra hit. -10  
Miss. -10



**SETUP NOTES:** Place T1 and T5 tight around barrels,  
forcing shooter to lean and twist to engage target

**RO NOTES:**