



Up and Down Standards

Course Designer: Chet Polo A-16801

24 Round - Virginia Count - Speed Shoot - 1 Run/String

Start: Palms of hands on cheeks (face).

Procedure: On signal draw and engage T1-T8 standing in any order with only one (1) round each, perform mandatory reload and re-engage T1-T8 with only one (1) round each in any order from a kneeling position (at least one knee must contact the ground), perform mandatory reload and re-engage T1-T8 with only one (1) round each in any order from prone position. No part of shooter's body may contact the ground in front of fault line "A". Standard penalties apply for extra shots, etc.

Safety Note: When finished, shooters will apply safety, come to a kneeling position THEN unload and show clear per R.O.'s instructions.